THIRD NATIONAL CONFERENCE ON SARCOIDOSIS DIAGNOSIS AND TREATMENT COMORBIDITIES AND THE HOLISTIC APPROACH TO THE DISEASE

19-20 APRIL 2024
Centro Altinate San Gaetano
Via Altinate, 71 - Padova

PROGRAM
The ACSI (Friends Against Sarcoidosis Italy) Association and its President Filippo Martone are pleased to announce the

THIRD NATIONAL CONFERENCE ON THE DIAGNOSIS AND TREATMENT OF SARCOIDOSIS
Comorbidities and the holistic approach to the disease.

Sarcoidosis is a chronic systemic granulomatous disease characterised by great clinical heterogeneity; indeed, in some cases the disease is asymptomatic, is discovered by chance and heals spontaneously, in others it represents a real diagnostic and therapeutic challenge.

In these cases, which account for around a third of all patients, the morbidity of sarcoidosis is very high both because of its clinical manifestations and because of the side effects of corticosteroids, by far the most commonly used drugs for its treatment. This translates into a compromised quality of life and, as these are almost always subjects of working age, reduced productivity with inevitable socio-economic consequences. Sarcoidosis is considered a rare disease; certainly, it is an orphan disease mainly due to the (mis)belief that the disease is benign and only rarely requires treatment.

An often underestimated aspect of the disease is the comorbidities that contribute to the patient’s quality of life and complicate its management. The systemic nature of sarcoidosis and the comorbidities call for a multidisciplinary approach to the disease, and this can only be guaranteed in reference centres which, in addition to taking care of the ‘complex’ patient, are involved in research activities and the testing of new drugs.

With this in mind, the main topics of the 3rd edition of the congress, which will be attended by leading national and international experts, will be the psychological and social (as well as medical) aspects of sarcoidosis, comorbidities (including some of the less explored ones) and the multidisciplinary approach to the disease. However, there will be no lack of references to basic research and new therapeutic perspectives with the hope that a real cure will soon be found for people with sarcoidosis.

THE FOLLOWING WILL TAKE PART IN THE CONFERENCE:

RAFAEL CANO BERNALDO DE QUIROS, Asociacion Nacional de Enfermos de Sarcoidosis, Spain

ROSIO IOREN NAPOLI, Federazione Italiana IPF e Malattie Polmonari Rare ETS, Italy

CHRIS KNOET, Sarcoidose Belangenvereniging, Netherlands

LUCA ROBERTI, Associazione Apnoici Italiani ETS, Italy

KATIA SCHILLHORN, Sarkoidose Selbsthilfe SH, Germany

Congress President
Dr. FILIPPO MARTONE

Scientific Director
PROF. PAOLO SPAGNOLO
FRIDAY, APRIL 19 2024

01.00pm  Participants Registration
02.00pm  Conference Opening and Greetings by the Authorities

FIRST SESSION: DIAGNOSIS: NEW EVIDENCE AND GLOBAL DIAGNOSIS
CHAIRS: ROBERT BAUGHMAN, VENERINO POLETTI, SERGIO HARARI

02.20pm  The importance of an early diagnosis on treatment response and outcome
PAOLO SPAGNOLI
02.35pm  Discussion
02.40pm  Diagnostic work-up and multiorgan disease
DOMINIQUE VALEYRE
02.55pm  Discussion
03.00pm  Diagnosis of sarcoidosis without lung involvement
MARC JUDSON
03.15pm  Discussion
03.20pm  Sarcoidosis and cancer: myth and reality
HILARIO NUNES
03.35pm  Discussion
03.40pm  Coffee break

SECOND SESSION: TREATMENT: THE PATIENT CENTRED MULTIDISCIPLINARY APPROACH
CHAIRS: DOMINIQUE VALEYRE, CARLO AGOSTINI, ANGELO GUIDO CORSICO

04.00pm  The importance of disease phenotype on treatment choice
ATHOL WELLS
04.15pm  Discussion
04.20pm  Holistic approach to treatment: sarcoidosis and comorbidities
FABRIZIO Luppi
04.35pm  Discussion
04.40pm  Chronic pain in sarcoidosis: diagnosis and treatment
MARCUS VELTKAMP
04.55pm  Discussion
05.00pm  The role of patient associations in disease management
FILIPPO MARTONE
05.15pm  Discussion
05.20pm  The treatment of pulmonary hypertension related to sarcoidosis: to whom, where, how
NAZZARENO GALLE
05.35pm  Discussion
05.40pm  The many faces of neurosarcoidosis
CHIARA BRIANI, ANNA PALMIERI
05.55pm  Discussion

SATURDAY, APRIL 20 2024

THIRD SESSION: QUALITY OF LIFE OF PATIENTS WITH CHRONIC SARCOIDOSIS:
CLINICAL, PSYCHOLOGICAL AND SOCIAL ASPECTS
CHAIRS: ATHOL WELLS, ELENA BARGAGLI, PATRIZIA SUPPRESSA

08.30am  Chronic fatigue in sarcoidosis: the role of physical rehabilitation
ERNESTO CRISAFULLI
08.45am  Discussion
08.50am  Labor law, medico-legal and social aspects of living with chronic diseases:
the paradigm of sarcoidosis
DOMINIQUE ISRAEL-BIET
09.05am  Discussion
09.10am  Psychological impact of sarcoidosis
CLAUDIO TANK
09.25am  Discussion
09.30am  Unexplored comorbidities of sarcoidosis:
(sleep breathing, sexual disorders and eating disorders)
DAN CULVER
09.45am  Discussion
09.50am  Telemedicine: the future is now
ANNE-MARIE RUSSELL
10.05am  Discussion

10.10  Extra CME Session unconditionally supported by Boehringer Ingelheim:
“Progressive lung fibrosis in patients with sarcoidosis:
diagnostic classification and therapy”
ELENA BARGAGLI
10.30am  Coffee break

FOURTH SESSION: BASIC RESEARCH IN SARCOIDOSIS
CHAIRS: MARC JUDSON, JELLE MIEDEMA, FRANCESCO CINETTO

10.45am  Novel insight in the epidemiology of sarcoidosis
GIOVANNI SOTTOI
11.00am  Discussion
11.05am  Disease registries: ERN Sarcoidosis
FRANCESCO BONELLA
11.20am  Discussion
11.25am  Etiology and pathogenesis: novel paradigms
SIMON HART
11.40am  Discussion
PROGRAM

SABATO 20 APRILE 2024

11.45am Genetic architecture of sarcoidosis
Paolo Spagnolo

12.00am Discussion

12.05am Role of Biobanks in sarcoidosis research
Luca Richeldi, Natalia Rivera

12.20pm Discussion

12.25pm Alpha-1 antitrypsin deficiency: an update
Mariannica Tiné

12.40pm Discussion

12.45pm Extra CME Session unconditionally supported by Xentria: “XTMAB16 Study studying a TNFa- in a new global clinical trial in pulmonary sarcoidosis”
Robert Baughman

01.15pm Lunch

FIFTH SESSION: NEW RESEARCH AVENUES AND THE EXPECTED IMPACT OF CURRENT STUDY PROTOCOLS: THE FUTURE OF SARCOIDOSIS
Chairs: Francesco Bonella, Luca Richeldi, Athol Wells

02.30pm The “omic” research in sarcoidosis: new tools to understand the disease
Paolo Cameli

02.45pm Discussion

02.50pm The state of ongoing research
Francesco Cinetto

03.05pm Discussion

03.10pm New therapeutic perspectives
Jelle Miedema

03.25pm Discussion

03.30pm The future of the research in sarcoidosis
Elena Bardagli

03.45pm Discussion

POSTER SESSION
Chairs: Paolo Spagnolo, Nicol Bernardinello

03.50pm Best poster presentation and award
Closing remarks

GENERAL INFO

CONGRESS VENUE
Centro Altinate San Gaetano
Via Altinate, 71 - Padova

CME CREDITS
Provider n. 5798 – Awarded credits 9
Event n. 404860
The Congress has been accredited by the Italian Ministry of Health in RESIDENTIAL mode, for all professionals in all disciplines.

CONGRESS PRESIDENT
Filippo Martone
ACSI – Amici Contro la Sarcoidosi Italia
ETS – President

SCIENTIFIC DIRECTOR
Paolo Spagnolo
Full Professor of Respiratory Medicine, University of Padova

LEARNING OUTCOME
Technical and professional content, knowledge and skills specific to each profession, each specialisation and each ultra-specialised activity, including rare diseases and gender medicine.

VERIFICATION METHOD
It should be noted that, for the purpose of acquiring training credits, 100% actual attendance of the whole duration of the proceedings and at least 75% of the correct answers to the learning assessment test are required.

PRIZE FOR POSTGRADUATE STUDENTS
A special award has been organized for young researchers. Trainees and newly specialized doctors, regularly enrolled in the Congress.

CME CERTIFICATE
After verification, the CME certificate will be sent by email to the address indicated on the Registration Form.

CERTIFICATE OF PARTICIPATION
All attendants will receive the Certificate of Participation by the Organizing Secretariat after the Congress by email.

ORGANIZING SECRETARIAT
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